

# Perth Basketball Association Perth Redbacks 2020 WABL Handbook

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#### Introduction

The Perth Basketball Association (PBA) is represented in the Western Australian Basketball League (WABL) under the team name of **Perth Redbacks**. This WABL Handbook has been created to provide to all invested parties with the club's WABL Program strategies, procedures and guidelines.

Where a specific situation is not covered by this handbook, the WABL Director will consult with the PBA Board and determine an appropriate outcome on a case by case basis.

The PBA has developed this handbook as an addendum to the Basketball WA policies, and reserves the right to override or amend policies or procedures, if deemed to be in the best interest of the PBA WABL program.

It is necessary for all members of the PBA basketball community and the WABL program, particularly players and their families, to read this handbook in order to understand the WABL program's requirements and expectations. Players and their families should only take up a position on the WABL program if all information contained in the handbook is understood and accepted.

#### Mission Statement

#### Basketball, Family, Community

To deliver an organized and successful WABL program that strives to develop and encourage our members including players, coaches, officials, and managers to reach their full potential within the PBA basketball community.

PBA WABL program has been established in close coherence with BWA division structure to ensure we develop our players throughout each respective age group.

- We encourage our members to compete in the spirit of good sportsmanship and to treat all participants including players, officials and coaches with respect.
- We aim to develop our members as good people and citizens, as well as good basketball players, officials and coaches.
- We deal with our members with honesty, respect and integrity.
- We recognise the uniqueness of every individual at the club and aim to cater for every individual within the overall success of the club.
- > We aim for our WABL teams to reflect a true representation of our PBA domestic competitions.

# A message from our WABL Director

Congratulations on being selected to play for Perth Redbacks. You have been selected because of your skills, playing ability and potential. You will be playing in a competition which is a level up from domestic basketball. Be proud of being selected, however be aware that this brings responsibilities.

Representing Redbacks requires that certain standards of behavior must be adhered to and codes of conduct observed. Your behavior, dress, and attitude will reflect on Redbacks this includes at training, before and after games and at any other time you represent Redbacks.

It is very important that you read this handbook and understand our expectations of you as a member of the Redbacks family.

# Redbacks Spirit

Redbacks Spirit is PBA's trademark and it is displayed in the following ways:

- > It is the way we play; hard but fair.
- ➤ It is the attitude we bring to the court; respect, accountability, positive energy, team before the individual.
- > It is the way we behave in victory and defeat; together and with good grace.

Teams we compete against don't just compete against a Redbacks team, they compete against the Redbacks spirit. It leaves a lasting impression.

#### PBA Values

#### The PBA values are:

- Family: We acknowledge that basketball is a family commitment and embrace players and their families equally.
- **Community:** It takes a community to raise successful basketballers and we value the contributions of many.
- Respect: Treating each other with respect is a key tenet of our community-based approach.
- **Transparency:** we are transparent in our words and actions...always.
- Progress: We value improvement and will always seek to do things better via process, equity and fairness.

#### WABL Overview

The Western Australian Basketball League (WABL) is WA's premier state-wide junior competition which develops players, coaches and officials. The league aims to meet the requirements of high-level competition through education and training, while promoting positive mental, physical and emotional outcomes.

#### WABI Structure

WABL is a junior basketball competition catering for players in the following age groups: U12, U14, U16, U18 and U20 (men only).

The U12, U14, U16 and U18 age groups are graded at the WABL grading tournament in February or March each year.

The WABL season generally starts on the last weekend of April with finals finishing at the end of September. Games are played on Sundays over an 18-week home and away season, where every team plays each other twice, plus three weeks of finals. The U20 season is slightly shorter lasting 16 weeks of home and away games where every team plays their conference twice and opposite conference teams once, plus four weeks of finals.

The WABL is currently comprised of 13 basketball associations from both metropolitan and country regions extending from Wanneroo to the Southwest.

The following clubs make up WABL:

Cockburn Cougars East Perth Eagles

Hills Raiders Kalamunda Eastern Suns

Lakeside Lightning Mandurah Magic
Perry Lakes Hawks Perth Redbacks
Rockingham Flames Southwest Slammers
Warwick Senators Joondalup Wolves

Willetton Tigers

Perth Redbacks WABL home games are played at Victoria Park of Belmont wherever possible.

Away games will involve travel to any of the following: Eaton (Bunbury), Lakeside, Mandurah, Rockingham, Cockburn, Kalamunda, Mundaring, Willetton, East Perth, Mt Claremont, Rockingham, Warwick or Joondalup. For more information regarding venues please refer to the General Information section of this Handbook.

#### WABL Selection

The PBA WABL program aims to:

- > Identify the talent in our local catchment and playing in our domestic competitions.
- ➤ **Develop** our players and show them that the sky is the limit. (*Current and former Redbacks juniors have gone on to play SBL, WSBL, NBL, WNBL, NBA, the US College system, and have represented WA at national competitions and Australia at International competitions).*
- Retain our players by providing excellence in coaching, a nurturing and supportive club environment and clear pathways in development.

The PBA's selection policy reflects these aims.

#### Domestic Responsibilities

All players are expected to play in the PBA Summer domestic competition. Non-compliance with this rule may impact on selection.

Exemptions may be granted due to other commitments but must be requested from the WABL Registrar prior to the start of the Summer Domestic competition.

#### Selection Trials and Procedures

Players will be invited to nominate for WABL selection in January 2020. A trial fee of \$30 will apply.

Trials will be held over two Sundays (2/2/20 and 9/2/20) at either Victoria Park or Belmont. Both sessions will be 2 hours long and will comprise of:

- ➤ Week 1 will involve a fitness test of some description (possibly a beep test or similar) and structured skill testing of each player.
- Week 2 will involve 2-on-2, 3-on-3 and other forms of structured scrimmaging.

The performance of all players during these two weeks will be noted, collated and used to inform selections and team composition (for example choosing between two players of similar ability). Final team selections will be communicated to players in the week beginning 10<sup>th</sup> February.

Additional development players may be selected to train on with any of the Redbacks WABL teams to develop their skills throughout the year. Development players positions will be offered at the completion of the trial process. If a regular player from a team is absent for a game, it is expected that a development player be given the chance to play. Please note that the elevation of a development player into the playing roster will make a difference to the fees paid by the development player.

#### **Team Selections**

Team selections will be made by a selection panel comprising of the coaches from that age group plus at least one other independent selector (i.e. someone who does not have a child in that age group). A parent coach cannot select their own child into a Championship team (i.e. team Red). That selection must be made by the coaching panel for that age group.

#### Coach Selections

Before trials, the coaches for each age group will be selected, but only the Redbacks Red and Redbacks White coach for each age group will be confirmed.

The allocation of the remaining coaches will only occur after the final team selections have been made.

Please note the coach and selectors decisions are final. If you have any queries regarding the selection process, please contact the WABL Director.

#### WABL Season 2020 Information

#### **Pre-season Training**

Pre-season training will commence from Sunday 16<sup>th</sup> February through to April. Dates and times to be advised by your team manager or coach.

All players are expected to attend all training sessions except when playing in a grading tournament.

#### Training and Game Information

Training days, time and location will be dependent on team selection and will be advised by your team manager or coach.

Round 1 of WABL will commence on Sunday 26 April 2020.

WABL games are played on Sundays throughout the season and game times could be at any time between 7.30am and 6.00pm.

#### **BWA WABL Grading Tournaments**

Grading tournaments will be held for each age group and gender on the following dates;

U12B & U14G - Saturday 22/2/20 AND Saturday 29/2/20

U12G & U14B – Sunday 21/2/20 AND Sunday 1/3/20

U16G & U18W - Saturday 7/3/20 AND Saturday 14/3/20

U16B & U18M - Sunday 8/3/20 AND Sunday 15/3/20

Venues and game times to be advised by your team manager or coach.

#### **Court Time**

WABL is an elite, representative basketball competition. It is thus inevitable that some players will play more than others. The only exception to this is under 12's, where all players must take the court in both halves.

Playing time is at the coach's discretion and is never guaranteed.

Under the WABL program, coaches and their assistants are available to discuss their philosophy on court time and answer queries relating to team structure, how players may be able to increase their playing time or any other matter confidentially. The coaching staff and the WABL Director are in continuous consultation throughout the season, to assist with matters arising from this policy.

#### WABL Fees and Costs 2020

The following are the costs associated with playing WABL in the 2020 season.

- Pre-season Fee \$175 (to be paid before grading)
- WABL Season Fee \$440 (to be paid by Friday 24<sup>th</sup> April)
- WABL Development Player/Train on \$230 (to be paid by Friday 24<sup>th</sup> April)
- WABL game payments \$10 per game (to be paid at venue on game day)

The fees cover registration and insurance costs for the WABL season. The fees do not cover pre-season games or uniforms (other than the Redbacks playing singlet which is provided).

All fees should be paid by the designated date, with a *no pay, no play* policy to apply. If fees cannot be paid in full by the due date, the club administrator and the WABL Director should be contacted prior to the due date to arrange a suitable payment plan. If the club administrator has not been contacted, a reminder will be sent to the player's registered address and if payment is not received within 14 days, the player will be deemed *unfinancial* and will be unable to participate in WABL.

Player commitment is for the **ENTIRE** season irrespective of later motivation. Fee reduction may be considered in the event of serious injury, relocation or other reasons on a case by case basis.

Cases of genuine financial hardship can be brought to the attention of the WABL Director, Amien Sym. Requests for fee relief should be directed to the WABL Director by the player (or if under 18 years of age, the parent of the player). Any requests for fee relief will be dealt with in confidence on a case by case basis.

Kidsport is an initiative to assist eligible players and coaches with part coast associated with playing sport. Kidsport enables eligible Western Australian children aged 5-18 years to participate in community sport and recreation by offering them financial assistance towards club fees.

Kidsport can be used for WABL fees OR domestic fees but not both.

For more information – www.dsr.wa.gov.au/funding/individuals/kidsport

#### Uniform

WABL players entering any basketball stadium to represent Perth Redbacks must be wearing the approved Redbacks uniform. This includes Redback red WABL playing shorts, Redbacks training top, Redbacks warm up top or Redbacks hoodie. Apparel that does not comply should be removed before entry to the venue on game day.

For WABL players, it is compulsory to purchase:

- For games Redbacks red WABL playing shorts (\$55).
- For training Redbacks black training shorts (\$50) and Redbacks reversible training singlet.

Optional club attire, e.g. warm up top, hoodies, socks, water bottles etc. are available for purchase from the club.

# Player Responsibilities

All players who are selected to represent PBA in the WABL competition are expected to:

- Play in the PBA Summer Domestic competition
- Wear the Redbacks training singlet and shorts, wear a mouthguard, bring a basketball and a full water bottle to all training sessions.
- Arrive at the playing venue at least 30 minutes prior to the start of the game (or as instructed by your coach).
- Be financial by the designated due dates as set by PBA.
- Understand and exhibit PBA's core values and abide by the BWA Player Code of Conduct.
- Exhibit Redbacks spirit during training and games and hold your teammates accountable to do the same.
- > Show up to training on time, with a positive attitude and ready to learn.
- Use a mouthguard every time you take the court.
- Notify your coach immediately, if you know you will be missing training.
- > Follow the instructions of your coaches to improve skills, talent and
- become a better athlete.
- > Be open, coachable, dependable and self-motivated.
- Look for the best in your teammates (give genuine positive remarks to others, build pride, encourage others, acknowledge achievements of others and celebrate success).
- > Be honest and trustworthy, all the time.
- Show sportsmanship on and off the court, (no name-calling, teasing, criticizing or other acts designed to hurt feelings or cause injury).

### Player Disciplinary Action

Perth Redbacks players are expected to follow the policies and codes of conduct. PBA will manage disciplinary action in the following ways:

- ➤ **General behaviour** If a player is being continually disruptive at training and/or behaving in a way which is detrimental to the team, the WABL Director will notified. The WABL Director will meet with the coach and the parents of the player to determine what actions should take place, which may result in the player being removed from the team.
- ➤ Off court Players that behave in a way which negatively affects the PBA will be reported to the WABL Director. The WABL Director and the coach will decide on an appropriate course of action.

#### Player Code of Conduct (as per BWA)

#### 1. Understand and play by the rules.

Understanding and playing by the rules is your responsibility. The rules exist for the safety, proper order and enjoyment of all people involved in basketball. The lessons to be learned in this respect in basketball are lessons that can and should be carried over into all aspects of your lives. Do not ignore or deliberately break any rules. Even if you think that a deliberate foul may give your team an advantage, you should not commit the deliberate foul in the interests of fair play. If you do consistently commit deliberate fouls or break the rules you must accept that there will be consequences for you and your team. Do not let yourself or your team down.

#### 2. Respect referees and other officials.

Referees and officials have a difficult task to perform and you could not play the game without them. They are there to enforce the rules of play but they cannot always be right. Accept bad calls graciously. Abuse of referees is unacceptable behaviour.

Players who consistently dispute decisions or do not accept bad decisions are bad sports. If you disagree with a decision, have your coach, captain or manager approach the referee during a break or after the game, in an appropriate manner.

#### 3. Control your temper.

Verbal abuse of officials is a serious offence against the rules of basketball. Verbally abusing other players or deliberately distracting or provoking an opponent are also not acceptable or permitted in basketball. Loss of temper is not only unpleasant for other participants in the game, it can also distract you and have an adverse effect on your concentration and effectiveness on the court.

#### 4. Work equally hard for yourself and for your team.

You owe it to yourself and others involved in your team to train and play to the best of your abilities. Your team's performance will benefit - so will you. If you are half-hearted about your involvement in the sport you will become dissatisfied and lose out on the much of the enjoyment and satisfaction you can derive from giving it your best.

#### 5. Be a good sport.

Acknowledge all good plays whether they be by your team or the other team. Good manners and respect can be infectious. Everyone likes to be praised when they do something well. If you acknowledge the achievements of your opponents it is likely they will follow suit. Part of participation in sport is respect for all participants in the game.

Your opponents are entitled to proper courtesy. Always introduce yourself to your opponents on court, congratulate them whether you win or lose and accept a loss gracefully. Remember that the opposition coach is there trying to do the best for their team and is also entitled to respect.

#### 6. Treat all players as you would like to be treated.

Do not interfere with, bully or take unfair advantage of another player. Just because one of your team cannot perform as well as you do does not mean that they are not trying.

Everyone makes mistakes. Do not abuse or ridicule another player when a mistake is made. Constructive guidance and encouragement when a player does well will assist a player to improve their game.

#### 7. Play for the "enjoyment of it" and not just to please parents and coaches.

Playing sport, including basketball, should be fun. This doesn't mean that you shouldn't take it seriously, just that at the same time you should enjoy it. If you enjoy an activity you will perform much better and derive far more benefit from it than if it is an unpleasant experience. You may experience pressure from your coach and parents and others to perform outside of your capability or desires. Whilst this can be a positive and their way of showing you support in your activities, you should resist it where it no longer is enjoyable.

#### 8. Respect the rights, dignity and worth of every person.

Regardless of their gender, ability, cultural background, religion or other factor irrelevant to the game, all persons connected with basketball are entitled to equal treatment and respect. Avoid any remarks that could be construed as offensive or discriminatory.

Sometimes even a joke may give offence. Even if a person refers to themselves with a particular label, it should not be taken as an invitation for you to do so. Using discretion is imperative and it is better to err on the side of caution.

#### 9. Be prepared to lose sometimes.

Everyone wins and loses at some time. Be a fair winner and a good loser. Disappointment at losing is natural, but it should not be obvious to the point of being unpleasant for others. Just as unpleasant can be the boastful winner. Recognise that even in defeat, the loser has achieved something, just by playing. Not everything in life can be a winning situation. Losing can be an important learning experience for your wider life goals.

#### 10. Listen to the advice of your coach and try to apply it at practice and in games.

Your coach has been appointed to coach your team because they have certain abilities and experience. They have also undergone training to ensure that you get the best coach that you can commensurate with your skill levels. Apart from skills training, your coach can provide you with helpful advice on all aspects of playing basketball. Make the most of the opportunity provided to you to work with your coach to have a happy and successful experience in basketball.

#### 11. Always respect the use of facilities and equipment provided.

Facilities and equipment cost money and will only function properly if kept in good order. Ensure that you do not abuse anything provided for use. Do not engage in dangerous practices such as hanging off hoops or "slam dunking". Quite properly, these practices are banned in most venues. Not only can equipment be damaged but serious injury can occur.

#### Zero Tolerance Policy

# All participants involved in Perth Redbacks WABL competition must accept responsibility for their behaviour.

Perth Redbacks reserves the right to ask any coach, manager, player, parent or spectator to immediately leave the venue should they;

- Willfully question or challenge the rulings of the referees
- Berate or abuse referees
- Berate or abuse players
- Willfully question or challenge the coach or team manager in public
- Willfully question or challenge the score bench or officials
- Berate or abuse other parents or spectators
- Display conduct which is inappropriate in a sporting environment or is clearly making others uncomfortable

No warnings will be given in the event of the above action becoming necessary.

Any such ejection or failure to leave the venue will be referred to Perth Redbacks Board which may result in further formal actions being put in place.

The adoption of this Zero-Tolerance policy is essential in our club as we nurture a safe competitive environment for all participants in a fun and positive family atmosphere.

#### Social Media Policy

Social Media refers to any online methods of communication and may include any of the following examples: Facebook, Twitter, YouTube, Snapchat, Instagram etc.

Perth Redbacks players and the PBA community are asked to use social media in the following ways:

- As a positive outlet used to promote their teammates, other players, and the sport of basketball.
- ➤ Be mindful of the content of what you are uploading and do not tolerate or condone poor social media behaviour or actions from others.

Negative comments or images, bullying, racism, sexist remarks, criticism of players, coaches, other teams, officials, staff, volunteers or spectators will not be tolerated.

Disciplinary action will be at the discretion of the WABL Director and the PBA Board.

## Parents' Role

For many parents this may be the first time that their child or children will be involved with Perth Redbacks and representative basketball. It is very important that ALL parents support not only their child but all players in the team and the coach. We thank our parents and appreciate the time, money and effort you put in so that you child can play representative basketball with Perth Redbacks.

Your support is needed in the following areas:

- > Getting your child to training regularly and on time.
- > Getting your child to the game well before game time, dressed appropriately and ready to play.
- All parents are expected to help with **scoring duties** over the season.
- > Encouraging and supporting your child and the team at games.
- If your child is injured, unwell or will be away from training for any other reason the coach and manager must be advised ASAP.
- Recognise the value and importance of volunteer coaches. They give their time and knowledge and they deserve your respect and support.
- Encourage your child to play within the rules and accept the referees' decisions.
- ➤ If you disagree with a coach, raise the issue at an appropriate time; preferably before or after training **not during or immediately after the game.**
- > Support club decisions.
- ➤ Refrain from discussing anything negative about the team or coach in front of your child keep it positive.
- ➤ Be vocal in your support of the team but refrain from making negative comments about the opposition, referees, other team members or the coach.
- Make sure you have read the Perth Redbacks Handbook in full including Player, Parents and Spectators Codes of Conduct, Social Media Policy and Zero Tolerance Policy and your children are familiar with them all.

#### Parents Code of Conduct (as per BWA)

#### 1. Encourage children to participate for their own interest and enjoyment, not yours.

Support your children in their participation in basketball but do not force them to play if they don't want to. Sport is played by children for enjoyment and fitness. It is good for their bodies but should also be good for their minds. If they feel too much pressure from you it may make them rebellious or even depressed. It is very tempting for parents who are involved in a sport, or who have children with abilities they wish they had themselves to try and force the children to participate or to participate at a level to which they do not aspire. Resist the temptation.

#### 2. Encourage children to always play by the rules.

Just as responsible parents teach their children to obey the law of the land, so should those same parents encourage their children to play sport by the rules. If your children show no respect for the rules of the game of basketball, they can also come to believe that breaking the law is acceptable too. If you

see your children constantly breaching rules you should be prepared to speak to them at an appropriate time.

#### 3. Teach children that an honest effort is always as important as a victory.

Your children will suffer many disappointments in their lives. You should teach them from an early age that whilst a win in basketball will bring them much pleasure, it is not the most important thing. Participating to the best of their abilities is far more important than winning. You can help them learn this, so that the result of each game is accepted without undue disappointment.

#### 4. Focus on developing skills and playing the game. Reduce the emphasis on winning.

If children see that effort is rewarded by an increase in skills, they will derive considerable pleasure and see the importance of striving to improve over the necessity to win every game. Primary responsibility for skills training rests with the children and their coaches but you can assist with their enthusiasm by attending games, encouraging them to practise away from formal training and games and even joining in with this practice.

#### 5. A child learns best by example. Applaud good play by all teams.

Acknowledge all good plays whether they be by your children's team or the other team. Good manners and respect can be infectious. If you acknowledge the achievements of your children's opponents it is likely your children will follow suit. This can assist to create a positive and supportive climate for all children involved in the game.

#### 6. Do not criticise your or others' children in front of others.

Reserve constructive criticism of your own children for more private moments. Children can be very sensitive and feel strong humiliation if they are criticised in front of their peers. When you do feel the necessity to speak to your child about something that displeases you, make the effort to explain what the problem is and why you are concerned about it. If you can see some way of avoiding the problem in the future, also explain this to the children. Give your children an opportunity to offer you an explanation. You are not communicating with your children effectively if all the communication is one way.

#### 7. Accept decisions of all referees as being fair and called to the best of their ability.

Referees and officials have a difficult task to perform and your children could not play the game without them. They are there to enforce the rules of play but they cannot always be right. Accept bad calls graciously. Abuse of referees is unacceptable behaviour. Players who consistently dispute decisions or do not accept bad decisions are bad sports. If you disagree with a decision, discuss it with your children in a constructive manner.

#### 8. Set a good example by your own conduct, behaviour and appearance.

Children often learn by example. You are the prime role models for them. Make your parenting rewarding and beyond criticism by leading by example. Do not criticise opposing team members or supporters by word or gesture. Accept loss graciously and applaud the efforts of all playing the game. Do not be one of the "ugly" parents occasionally seen at sporting events.

#### 9. Support all efforts to remove verbal and physical abuse from sporting activities.

Parents have considerable influence in how sports are conducted. Often they are called on to perform volunteer work to help organise their and others' children's' activities. Use this rewarding experience, not just to assist in getting the necessary work performed, but also to influence the atmosphere in which your children play the sport. Children not as fortunate as yours whose parents are not willing or able to be involved may need some guidance on what is or isn't acceptable behaviour.

#### 10. Respect the rights, dignity and worth of every person.

Regardless of their gender, ability, cultural background, religion or other factor irrelevant to the game, all persons connected with basketball are entitled to equal treatment and respect. Avoid any remarks that could be construed as offensive or discriminatory.

Sometimes even a joke may give offence. Even if a person refers to themselves with a particular label, it should not be taken as an invitation for you to do so. Using discretion is imperative and it is better to err on the side of caution. Your children will most likely follow your lead in matters of discrimination and vilification.

#### 11. Show appreciation for volunteer coaches, officials and administrators.

Volunteers are necessary for the functioning of sporting activities. Without them, your child could not participate. Whilst many are parents of people involved in the sport, many are also people dedicated to the sport and its development. Show them the respect and appreciation that they deserve.

#### 12. Keep children in your care under control.

Basketball encourages you to bring your children to games. However, there can be dangers to them in a basketball stadium. They can also constitute a danger to players.

You should ensure that children with you at a basketball game are well behaved and do not wander onto or too near to courts. They can easily be knocked down by a player or a player can trip over a child when concentrating on the play and not expecting a small child to be in the way.

#### 13. Always respect the use of facilities and equipment provided.

Facilities and equipment cost money and will only function properly if kept in good order.

Ensure that you do not abuse anything provided for use. Discourage your children from engaging in dangerous practices such as hanging off hoops or "slam dunking". Quite properly, these practices are banned in most venues. Not only can equipment be damaged but serious injury can occur.

#### Spectators Code of Conduct (as per BWA)

#### 1. Remember that most people play sport for enjoyment.

People are not playing basketball for the entertainment of spectators nor are many of them professionals. You should be watching basketball for your own enjoyment and to show support for those playing. Help the players to enjoy their game. Applaud good performances from each team. Congratulate all players regardless of the outcome.

#### 2. Accept decisions of all referees as being fair and called to the best of their ability.

Referees and officials have a difficult task to perform. You would not have a game to enjoy without them. They are there to enforce the rules of play but they cannot always be right. Accept bad calls graciously. Abuse of referees is unacceptable behaviour.

Spectators who consistently dispute decisions or do not accept bad decisions are bad sports. If you disagree with a decision, accept it graciously – you cannot change it.

#### 3. Always be positive in your support for players.

Never ridicule or shout at a player, particularly a young player for making a mistake during competition. Positive support for players will offer encouragement to them and most likely spur them to better things on the court.

#### 4. Condemn the use of violence in any form.

Never encourage players to engage in violence or engage in it yourself. Violence has no place in basketball and strong action should be taken to discourage it.

#### 5. Respect your team's opponents, officials and spectators.

Without your team's opponents, there would be no game. Their supporters are there to enjoy the game as much as you are. Light-hearted banter with an opposing spectator can add a further element of fun to a game. Conversely, nasty or inappropriate behaviour or remarks will seriously detract from it.

#### 6. Encourage players to obey the rules and to accept decisions of officials.

Often players can get carried away when spectators become enthusiastic or heated over an issue. This can be a positive but it can also be negative when it involves such behaviour as disputing decisions. Always encourage players to obey the rules and do not dispute referees' decisions.

# 7. Demonstrate appropriate social behaviour by not using foul language or harassing players, coaches or officials.

Anti social behaviour such as foul or abusive language has no place in basketball. If others engage in it, just ignore them – they will soon tire of it if they get no reaction. Alternatively, ask them politely to desist. If it continues and it is serious, bring it to the attention of an official.

#### 8. Respect the rights, dignity and worth of every person.

Regardless of their gender, ability, cultural background, religion or other factor irrelevant to the game, all persons connected with basketball are entitled to equal treatment and respect. Avoid any remarks that could be construed as offensive or discriminatory.

Sometimes even a joke may give offence. Even if a person refers to themselves with a particular label, it should not be taken as an invitation for you to do so. Using discretion is imperative and it is better to err on the side of caution.

#### 9. Keep children in your care under control.

Basketball encourages you to bring your children to games. However, there can be dangers to them in a basketball stadium. They can also constitute a danger to players. You should ensure that children with you at a basketball game are well behaved and do not wander onto or too near to courts. They can easily be knocked down by a player or a player can trip over a child when concentrating on the play and not expecting a small child to be in the way.

#### 10. Always respect the use of facilities and equipment provided.

Facilities and equipment cost money and will only function properly if kept in good order. Ensure that you do not abuse anything provided for use. Do not encourage players to engage in dangerous practices such as hanging off hoops or "slam dunking". Quite properly, these practices are banned in most venues. Not only can equipment be damaged but also serious injury can occur.

#### Coach Guidelines

Team coaches are appointed by Perth Basketball Association. Their role begins at tryouts where players from the PBA domestic competition and other interested players compete for selection. Team selection is conducted by a selection panel that includes coaches for the age group and at least one independent selector.

#### Coaches Role

Coaching representative teams require different strategies to a domestic game. WABL is an elite competition where Redbacks teams are matched against the best of other associations whose coaches and players are there to win every game. The coach needs to develop their coaching skills to be able to match the opposition's game plan and then better it.

#### Coaches are expected to:

- Make a personal commitment to keep informed about sound coaching techniques and areas relating to the growth and development of children.
- Dress appropriately at games and training sessions in a Perth Redbacks shirt.

Coaches should agree to abide by the Coachs Code of Conduct, Social Media Policy and Zero Tolerance Policy.

All coaches must comply with the requirements under WA Children Protection Act 1998 and must be aware of the Coaches Code of Ethics that has been adopted and endorsed by the Australian Sports Commission.

#### Coaches Code of Conduct

- 1. Remember that basketball is about personal enjoyment, personal development, self-discipline and playing as part of a team.
- 2. Be reasonable in your demands and focus on your players' strengths. When criticism is necessary, be clear in your expectations and use respectful language.
- 3. Consider the age and development of your players when managing expectations.
- 4. Are encouraged to play all team members where appropriate.
- 5. Develop team respect for the ability of opponents including their coaches.
- 6. Instill in your players respect for officials and an acceptance of their judgement.
- 7. Be prepared to lose sometimes and to teach your team to lose with dignity.
- 8. Act responsibly when players are ill or injured to ensure players' health and wellbeing are protected.
- 9. Appreciate that player's self esteem needs to be boosted wherever possible. All players have something to offer the team.
- 10. As well as imparting knowledge and skills, promote desirable personal and social behaviours. You are a role model, so lead by example, as your players will look up to you.
- 11. Respect physical boundaries with [layers and be aware not to use physical contact that may violate personal boundaries.
- 12. Respect the rights, dignity and worth of every player, including those in opposition teams.
- 13. Discriminatory comments against gender, ability, cultural background, or religion, is unacceptable and may result in disciplinary action.

#### Managers Role

The manager's role is to ensure the smooth running of the team and to solve any problems that may divert the coach from his primary job of coaching. Regular attendance at training, while not mandatory, helps the manager to get to know the players and sort out any problems that may occur, e.g. transportation, collecting fees etc.

#### Managers should also:

#### Pre-season

- Prepare a team list with contacts and distribute it to all team members and the coach.
- Create a scoring roster for the season. (All parents are expected to help with scoring duties.)
- ➤ Be responsible for singlets and any other items as distributed to you at the beginning of the season.

#### Before each game

- Advise the team of any changes in training sessions, game times etc.
- Pass on any important information from PBA.
- Collect entrance tickets/tokens before each game and ensure all players have paid. Place in envelope for collection.
- Hand out playing singlets

- > On scoring computer select all team members who are playing and ensure numbers are correctly allocated.
- Check players are wearing correct uniform and mouthguards and are not wearing any jewellery, watches etc.
- Check water bottles are full.

#### During the game

- > Ensure water bottles are filled after the breaks.
- Wipe up spills or perspiration on the floor if needed.
- Arrange First Aid if needed all stadiums should have a dedicated First Aid Officer on duty.
- Ensure that only team members, coach and manager sit on the bench.

#### After the game

- Collect all playing singlets and wash before the next game.
- Clear the bench area and collect any gear left behind. Remind team members to collect any rubbish and dispose of before leaving the area.
- With younger players ensure they are collected by parents or an appointed guardian.

#### End of season

Return, clean playing singlets and any other item you were given for the team, to PBA.

## **General Information**

#### WABL Venues

**HAMILTON HILL** 

Cockburn Tigers Wally Hagan Stadium

8 Starling Street

Hamilton Hill WA 6163 Tel: 08 93359101

MORLEY & MIRRABOOKA

East Perth Eagles Morley Sport and Recreation Centre

Cnr Wellington & Mancini Street Morley WA 6062 Tel: 08 9375 3529

Herb Graham Recreation Centre

38 Ashbury Cres

Mirrabooka WA 6061 Tel: 08 9205 7320

**GLEN FORREST** 

Hills Raiders Mundaring Arena

180 Thomas Road

Glen Forrest WA 6021 Tel: 08 9295 3714

**LESMURDIE** 

Kalamunda Eastern Suns Ray Owen Recreation Centre

**Gladys Road** 

Lesmurdie WA 6076 Tel: 08 9291 7600

**NORTH LAKE** 

Lakeside Lightning Lakeside Recreation Centre

Corner of Bibra Drive & Farrington Road North Lake WA 6163 Tel: 08 9310 7700

**MANDURAH** 

Mandurah Magic Mandurah Aquatic & Recreation Centre

303 Pinjarra Road

Mandurah WA 6210 Tel: 08 9534 7908

**FLOREAT** 

Perry Lakes Hawks Bendat Basketball Centre

201 Underwood Ave

Floreat WA 6014 Tel: 08 96272 0705

VICTORIA PARK

Perth Redbacks Leisure Life Centre

34 Kent Street EAST

Victoria Park WA 6101 Tel: 08 9472 8110

ROCKINGHAM

Rockingham Flames Mike Barnett Sports Complex

Dixon Road

Rockingham WA 6168 Tel: 08 9528 5488

**BUNBURY** 

Southwest Slammers Eaton Recreation Centre

**Recreation Drive** 

Bunbury WA 6232 Tel: 08 9724 1400

WARWICK

Warwick Senators Warwick Leisure Centre

Corner of Warwick and Wanneroo Roads Warwick WA 6024 Tel: 08 9247 2266

**JOONDALUP** 

Wanneroo Wolves Joondalup Basketball Stadium

380 Joondalup Drive

Joondalup WA 6027 Tel: 08 9300 1325

WILLETTON

Willetton Tigers Willetton Stadium

Burrendah Boulevard (opposite Southlands shopping centre)

Willetton WA 6155 Tel: 08 9310 3388